

YEAR **PRACTISE PROGRESS CHART FOR**

TERM 1	Mon	Tue	Wed	Thur	Fri	Sat	Sun	TOTAL
Week 1								
Week 2								
Week 3								
Week 4								
Week 5								
Week 6								
Week 7								
Week 8								
Week 9								
Week 10								
Week 11								
Week 12								
Week 13								

TERM 2	Mon	Tue	Wed	Thur	Fri	Sat	Sun	TOTAL
Week 1								
Week 2								
Week 3								
Week 4								
Week 5								
Week 6								
Week 7								
Week 8								
Week 9								
Week 10								
Week 11								
Week 12								
Week 13								

TERM 3	Mon	Tue	Wed	Thur	Fri	Sat	Sun	TOTAL
Week 1								
Week 2								
Week 3								
Week 4								
Week 5								
Week 6								
Week 7								
Week 8								
Week 9								
Week 10								
Week 11								
Week 12								
Week 13								

TERM 4	Mon	Tue	Wed	Thur	Fri	Sat	Sun	TOTAL
Week 1								
Week 2								
Week 3								
Week 4								
Week 5								
Week 6								
Week 7								
Week 8								
Week 9								
Week 10								
Week 11								
Week 12								
Week 13								

YEAR TOTAL								
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How did you score?

- 5 or more per week
- 4 per week
- 3 per week
- 2 per week
- 1 per week

- SUPERB. You are moving strongly toward mastery.
- EXCELLENT. You are moving toward mastery.
- Just maintaining your skill, moving forward if you are practising skillfully.
- Barely maintaining your skill, not moving forward. Let's talk. Something is missing.
- You are moving backwards. Let's talk. Something is missing.